Offices with an asterisk (**) are confidential. By contacting offices without an asterisk (**), your confidentiality is not ensured and, in some cases, you are filing an official report with the University.

**Student well-being**

Are you struggling? Stressed out? Anxious? Sad? Feeling alone?
**Counseling & Psychological Services (CAPS)**   **Student Health Social Workers**   **Drug & Alcohol Program**

Do you want to notify the University that you're worried about another student's behavior or safety?
**Student Mental Health Coordination Services/Distressed Students**

Experiencing a housing issue?
**Community Housing**

**Sexual and General Misconduct**

Want to speak with someone confidentially about sexual harassment, sexual assault, dating violence, or stalking?
**Campus Advocacy, Resources, and Education (CARE)**

Want to make an official report about sexual misconduct or discrimination?
**Police (non-emergency) 893-3446**   **Title IX & Sexual Harassment Policy Compliance Office**   **OEO**

Want to make an official report about academic misconduct, non-academic misconduct, or a hate crime?
**Office of Judicial Affairs**   **Hate Incident Resources**

Are you the respondent in a Title IX or Judicial Affairs case, and need help navigating the process?
**Respondent Services**   **Office of the Student Advocate**

Need a general overview of sexual harassment, sexual assault, or stalking?
**Sexual Violence Prevention and Response**

**Academic Resources**

Need help with academic skills (i.e. writing, study skills, math/science help)?
**Campus Learning Assistance Services (CLAS)**

Questions about degree progress, general education, graduation, late drops, etc.?
**College Advising** (Letters & Science, Engineering, or College of Creative Studies)

Questions about your major or minor requirements?
**Department Advising**

Are you a graduate student?
**GSA**   **Graduate Division**

**Legal Resources**

Want a free legal consultation regarding something that happened off-campus (M.I.P., car crash, security deposit)?
**Associated Students Legal Resource Center**

Still not sure where to go? You can call the Office of the Ombuds, and we can help you   **893-3285**